



Our Services

For the past 40 years, Safe Journey has provided direct services, support services, and outreach to victims/survivors of domestic violence in rural Erie County, where services are often not easily accessible.

While those services may include temporary shelter for victims who need to leave an abusive relationship, Safe Journey is much more than a "shelter."

The community at large may not realize the range and depth of services Safe Journey offers for victims/survivors, family members, children, and the general public. Services are not only for crisis situations but for those currently living in domestic violence, or those who have experienced it in the past.

Safe Journey offers services not only for victims, but also for family members, friends and others who may have concerns related to domestic violence.

All services are free and confidential.

Safe Journey has trained staff to provide counseling and supportive services to victims/survivors of domestic violence. We provide services in a safe, welcoming, and homelike atmosphere.

The agency provides a 24/7 hotline at (814) 438-2675 to access services.

Safe Journey works with a victim to develop a plan that is best for that individual's safety and well-being. Safe Journey does not tell clients what to do; instead, we provide tools and support that empower clients to make their own decisions based on what works best for them.

Once victims receive the help and support they need, the process of healing can begin.

To increase awareness of domestic violence, Safe Journey believes education is vital. We provide educational presentations for all types of community groups, as well as comprehensive domestic violence prevention programs for youth in area schools.

Safe Journey also provides services for the elderly, adult children of family violence, people with disabilities, and members of the LGBTQ community.

Services provided are not only for crisis situations but also for those currently living in domestic violence, or those who have experienced it in the past.

# We have a 24-hour hotline. (814) 438-2675

## **Counseling Services**

- Individual counseling via telephone, at the main office, and at locations in various communities.
- Daily Survivor Support Groups. Support groups are guided by compassionate staff members who understand the value of listening to victims share their experiences of domestic violence. Victims are empowered by sharing their stories with other victims.
- Domestic violence education for victims. Knowledge is power.
- Safety planning.
- Empowerment groups.
- Individual and group counseling for children. All children who live with domestic violence are deserving of trauma-informed support.
- Parenting After Domestic Violence classes support the mother-child relationships hurt by domestic violence.

### **Legal Services**

- Assistance with attaining Protection From Abuse orders (PFA).
- PFA court accompaniment and transportation.
- Custody and Support process assistance and referrals.

## Supportive Services

- Emergency shelter, if needed.
- Accompaniment and transportation for other court and social services matters, including DPW, OCY, WIC, Social Security and Housing.
- Safe Journey encourages survivors to stop by at any time to visit with staff over a cup of coffee. Ongoing support promotes healing.
- Survivors may join us for lunch and dinner for social interaction and support. They also have access to the agency's laundry facility.
- Family Advocacy Center. This where victims and their children can bond and strengthen relationships that have been impacted by domestic violence.
- Information and referrals. Staff members are knowledgeable about resources in our communities that may be available for victims. Staff will help victims through the processes, if needed.
- Possible financial assistance.
- Financial empowerment counseling.

### **Prevention and Education**

- Children and youth programs, including Good Hands Club, Violence Free Starts with Me, Mystery of the Strong Kids Club, Timothy Turtle, and Capt'ns Jane and Jack.
- Girl Power and YES (You Empower Self) after-school prevention programs.
- Coaching Boys Into Men program that helps boys understand domestic/dating violence. The program teaches athletes about healthy relationships and stresses that violence never equals strength.
- Safe Dates is a curriculum that addresses teen dating violence and healthy relationships.
- Ongoing education, training, and domestic violence awareness events in the community.

# (814) 438-2675