

Domestic and Dating Violence Services Newsletter



Box 208
Union City, PA 16438
814-438-2675
mysafejourney.org

October Domestic Violence Awareness Month

Is symbolized by the color purple. One thing you can do to help address domestic violence is to attend our **PurpleOne** training that helps you learn about domestic violence and ways you can help victims.

Our next virtual training will be held Thursday, October 15th from 8:00 a.m. to 12:30 p.m. You can sign up by going to purpleone.org.



We are asking businesses, organizations and the

community to Light Your Business or Home Purple with purple lighting. Safe Journey has a limited number of purple light bulbs to light up your front door or outdoor lights. Donation is \$2 each. Ask neighbors, friends and family to also Light It Up Purple.

Wear purple clothing or sport a **purple ribbon**.

Purchase a **handmade necklace** in support of victims for a \$10 donation or a **purple ribbon car magnet** for a \$10 donation.

Display a **yard sign** that highlights Safe Journey's expanded services.



Virtual PurpleOne, Safe Journey's free domestic violence awareness training, is now virtual.

The agency recently held its first online training via Zoom. More than 30 people took part in the training, which educates individuals on how to recognize and respond to domestic violence, refer victims to Safe Journey's free and confidential services, and how to safely be a prosocial bystander.

Since launching in February 2019, more than 330 people have been trained at 10 sessions. About 60 locations are now certified as safe places, where victims of domestic violence can obtain information about Safe Journey's services.

"We're always looking for new ways to reach out to victims and educate the public," Safe Journey Executive Director Lori Palisin said. "The pandemic opened the door for us to expand our technology, and we're happy with the results." To register for a PurpleOne training or to access the Safe Place Finder, visit PurpleOne.org.

WE ARE STILL HERE

As an essential service, Safe Journey has remained open. Because victims may not think we are still open or are not aware of the services we offer, we are getting the word out in varied ways.

- Counselor advocates are canvassing businesses, medical offices, and agencies in Corry, Union City, Waterford and Edinboro.
- Messaging appears on EMTA buses and bus stops.
- A TV public service announcement, radio spots and social media posts.
- Postcards and bulk mailings.
- Billboards and yard signs.
- A street banner in downtown Corry.

We are here to help victims!

NEW WEBSITE & EXPANDED ONLINE SERVICES

mysafejourney.org

Safe Journey is excited to introduce our new and updated website. It provides easier access to our free and confidential services, including our new online counseling, online support groups, and chat option.

Besides the new online options, the website highlights all of Safe Journey's core services, including our 24/7 hotline, group and individual counseling, safety planning and more.

DRUG AND ALCOHOL COUNSELING AVAILABLE Safe Journey also recently partnered with UPMC Western Behavioral Health at Safe Harbor to provide free one-day-a-week drug and alcohol counseling at the shelter for victims of domestic violence.



And don't forget to visit us on social media at facebook.com/mysafejourney.

COVID AND ITS EFFECT ON DOMESTIC VIOLENCE

The pandemic is keeping many vulnerable victims of domestic violence isolated at home. That's a problem for those who live with violent abusers.

Corry City Police report answering a greater number of domestic violence calls, the Erie County Office of Children and Youth report more severe cases of abuse, and hospitals are treating more domestic violence victims.

Victims of domestic violence and their children need our help and support during this pandemic.

Safe Journey has expanded its services to include online counseling, online support groups, and a chat feature. The new technology provides convenient options for victims who may be uncomfortable with in-person counseling due to the pandemic or for any other reason. Online support groups are another welcome addition.

Counselor advocates are available to chat Mon.-Fri. from 8 a.m.-8 p.m. Every effort has been made to ensure online communication between victims and counselor advocates are safe and confidential.

Online counseling adds another layer to the agency's core services that still include possible shelter, individual and group counseling for children and adults, a 24/7 hotline, and telephone counseling.

For information about all of our services or to initiate a chat, visit mysafejourney.org.

Safe Journey also maintains two additional websites that provide valuable educational tools.

- Safedatesmatter.org offers timely information about teen dating violence.
- PurpleOne.org highlights PurpleOne, our free domestic violence awareness training



Safe JOURNEY
Domestic and Dating Violence Services

CALL 814-438-2675

NEW SERVICES
VIRTUAL COUNSELING
ONLINE CHAT

**DOMESTIC VIOLENCE VICTIMS
WE ARE HERE FOR YOU**
IN PERSON | ONLINE | ON THE PHONE

IT'S TIME YOU FELT SAFE

FREE, CONFIDENTIAL AND SAFE CONVERSATIONS, COUNSELING AND SERVICES FOR VICTIMS AND THEIR CHILDREN

- Emotional Support
- Chat with a Counselor Online or In-Person
- Virtual and In Person Support Groups
- Emergency Shelter

Domestic Violence isn't Just Physical Abuse.
IT'S ALL ABUSE.

*Physical. Emotional. Sexual.
Mental. Financial.*
CONTROL OVER YOUR LIFE.



Safe JOURNEY
Domestic and Dating Violence Services

purpleone
A Domestic Violence Awareness Training Program
PurpleOne.org

PO Box 208
Union City, PA 16438
(814) 438-2675



**Domestic Violence Victims
WE ARE HERE FOR YOU**
In Person | Online | On the Phone

NEW SERVICES:
Online Counseling
Online Chat

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